

Prepping For Your Session

The Night Before

First. Read over my “8 Tips” article for some great info on maximizing your session.

Bribes. Nothing wrong with bringing a secret weapon to a session. A favorite snack or a fun treat (something that won't stain any teeth or drop too many crumbs) may be just the secret weapon to keeping the shoot upbeat and fun for everyone.

Glasses. Make sure if your glasses have transition lenses you bring an extra pair without transition or even consider popping out the lenses. We want your eyes to show in your family portraits.

Clothing and Accessories. We've already talked about this in person, but figure out what everyone's and accessories everyone will be wearing, and lay everything out the night before the session — there's nothing worse than counting on a certain outfit to be clean, only to discover it's still hanging out in the washer!

The Day Of

Nails. Any last-minute coats of polish? Also, keeping your children's' fingers out of fingerpaints, away from food coloring, and markers.

Nap. If your child is still young enough to need frequent naps, make sure they squeeze one in before the session.

Meal. A healthy, medium-sized meal before the shoot keeps energy up and minds clear! It's difficult for anyone to focus when hungry.

Bathroom. Make sure everyone's taken one last trip to the potty before piling into the car.

Hair. Spending a little time before can save a whole lot of time later, so style everyone's hair in a way that's attractive, but that is easy to maintain during the session. Also don't forget a hairbrush.

Mouth and Teeth. Avoid and food or drinks that can stain teeth or lips. And it never hurts for one last toothbrush before leaving

Have Fun. I am immune to even the fiercest of tantrums, so rest assured that no matter what happens, we're going to capture some images that you're going to fall in love with.